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# Bento Lunches For Kids: 30 Cute And Fun Ideas Of Healthy But Tasteful Lunches For Preschoolers





## Synopsis

Bento Lunches For Kids: 30 Cute And Fun Ideas Of Healthy But Tasteful Lunches For PreschoolersIf you are looking for some tips and suggestions on how and what kinds of healthy bento lunches you can prepare for your kids then you will find this book a helpful guiding tool to help you to get the results you are looking for in the kinds of bento lunches you will provide for your child. A bento meal is basically a meal that is packed in an efficient manner in a box. So as a parent you will want to provide your child with a healthy bento box that is visually appealing to your child and also at the same time healthy and nutritious. You can learn how to create healthy and nutritious bento meals for your child just by reading this easy to follow book that also offers you some great simple ideas for making bento box meals whether they are for school lunches, at home, or when you are on the go. I hope that you will enjoy learning these great ideas to make each time your child opens their bento box a happy experience for them. The bento box meals in this book are geared for your children will be great for grade school children up to the age of 10. I am sure that you will be impressed and delighted with the advice, tips and suggestions that are offered within the pages of this book. Download your E book "Bento Lunches For Kids: 30 Cute And Fun Ideas Of Healthy But Tasteful Lunches For Preschoolers" by scrolling up and clicking "Buy Now with 1-Click" button!

### **Book Information**

File Size: 1553 KB Print Length: 31 pages Simultaneous Device Usage: Unlimited Publication Date: August 7, 2017 Sold by: Â Digital Services LLC Language: English ASIN: B074N91SCR Text-to-Speech: Enabled X-Rav: Not Enabled Word Wise: Enabled Lending: Not Enabled Screen Reader: Supported Enhanced Typesetting: Enabled Best Sellers Rank: #182,060 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #47 in A Kindle Store > Kindle Short Reads > 45 minutes (22-32 pages) > Cookbooks, Food & Wine #134 in Books > Cookbooks, Food & Wine > Cooking Methods > Budget #357 in Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian

#### **Customer Reviews**

The book had some good ideas. I was hoping for more specific recipes or ideas. It was geared to young children.

I liked how the author incorporated ideas for bento meals for children of all types however I feel this was concentrated in so much explaining(explaining is not wrong) and not enough pictures or recipes. It would have been nice if the history of the traditional bento lunch and a typical traditional bento meal be included, that would have taken just one page. Overall I really honestly like the book.

Bento Lunches For Kids: 30 Cute And Fun Ideas Of Healthy But Tasteful Lunches For Preschoolers Simple Bento Box Recipes, A Bento Cookbook of Easy-to-Make: but Delicious Bento Recipes for all Ages Little Bento: 32 Irresistible Bento Box Lunches for Kids Bento japanese food: Learn to prepare delicious bento launch box to style japanese (Bento CookBook) (Volume 1) Everyday Bento: 50 Cute and Yummy Lunches to Go The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with More Than 200 Deliciously Nutritious Meal Ideas (Best on the Planet) The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with Over 200 Deliciously Nutritious Lunchbox Ideas - Real Simple, Real Ingredients, Real Quick! Bento Cookbook: 25 Healthy Easy Bento Box Lunchbox Recipes The Just Bento Cookbook 2: Make-Ahead, Easy, Healthy Lunches To Go Bento Cookbook: 30 Bento Box Recipes You Will Love! Hello, Bento! - A Collection of Simple Japanese Bento Recipes Japanese Bento Cookbook -Bento Box Recipes the Whole Family Will Enjoy: Small Sizes, Huge Tastes! Japanese Cookbook: Authentic Japanese Home Cooking Recipes for Ramen, Bento, Sushi & More (Takeout, Noodles, Rice, Salads, Miso Soup, Tempura, Teriyaki, Bento box) Bento cookbook guide : 2017: Learn to prepare delicious bento launch box in Japanese style (japanese cooking) Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) Cute Guys! Coloring Book-Volume One: A grown-up coloring book for ANYONE who loves cute guys! (Cute Guys! Coloring Books) (Volume 1) Yum-Yum Bento Box: Fresh Recipes for Adorable Lunches Yum-Yum Bento All Year Round: Box Lunches for Every Season Happy Bento!: Lunches on the Go The Just Bento Cookbook: Everyday Lunches To Go

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